

Class Schedule



1620 D McAra St.
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artisantaekwondo.ca

Monday	Tuesday	Wednesday	Thursday	Friday
	5:00 - 5:30 Kick Start I ** 2 - 3 yrs	5:00 - 5:30 Kick Start II ** 4 - 5 yrs	5:00 - 5:30 Kick Start III ** 6 - 7 yrs	
5:30 - 6:15 Family I All Ages	5:30 - 6:30 Family III All Ages	5:30 - 6:15 Jr. Competition (by invite only)	5:30 - 6:30 Family III All Ages	5:30 - 6:15 Family I All Ages
6:15 - 7:15 Family II (All Ages)	6:30 - 7:30 Advanced Colour Belt	6:15 - 7:15 Family II (All Ages)	6:30 - 7:30 Advanced Colour Belt	6:15 - 7:15 Jr. and Sr. Competition (combined class)
7:15 - 8:30 Senior Competition (by invite only)	7:30 - 8:30 KickFit Adults Only	7:15 - 8:30 Senior Competition (by invite only)	7:30 - 8:30 KickFit Adults Only	7:15 - 8:00 Senior Competition

Schedule Effective February 1st, 2019

** Kick Start classes begin March 5th